

## NMC Health plc

### PDMR notification

**London, 6 February 2018:** NMC Health plc (LSE:NMC) ('NMC'), the leading United Arab Emirates private healthcare operator with international services across 13 countries, announces that it received notification on 5 February 2018 from Lord Clanwilliam, an Independent Non-Executive Director of the Company, that on 5 February 2018 he bought a total of 3,000 ordinary shares of 10p each in the Company ("Shares") at a price of 3198.387 pence per share.

Following this transaction, Lord Clanwilliam has an interest over a total of 6,660 shares, representing approximately 0.003% of the issued share capital of the Company.

The Notification of Dealing Form for Lord Clanwilliam can be found below.

This notification is made in accordance with the Market Abuse Regulation.

### Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Lord P. J. Clanwilliam
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Independent Non-Executive Director of NMC Health plc
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument	Ordinary Shares
	Identification code	ISIN: GB00B7FC0762
b)	Nature of the transaction	Lord Clanwilliam purchase of shares through pension scheme

c)	Price(s) and volume(s)	Price 3198.387 pence	No. of shares 3000
d)	Aggregated information  - volume  - Price  - Total	3000  3198.387 pence  £95,951.61	
e)	Date of the transaction	5 February 2018	
f)	Place of the transaction	London Stock Exchange	

## Contacts

### Investors

#### NMC

Simon Watkins, Group Company Secretary +44 (0)20 3205 7313

### Media:

FTI Consulting, London

Brett Pollard +44 (0)20 3727 1000

FTI Consulting, Gulf

Shane Dolan +971 (0)4 437 2100