

**NMC Health plc**

**Grant of options**

**London, 9 May 2017:** NMC Health plc (LSE:NMC) (“the Company”), the leading integrated healthcare provider operating across the United Arab Emirates (UAE), announces that on 9 May 2017 it granted awards over a total of 150,435 Ordinary shares under its Deferred Share Bonus Plan.

These awards, by way of nil-cost options, were made to Directors and PDMRs of the Company as follows:

Name of individual	Director/PDMR	Number of shares subject to award
Dr B R Shetty	Director	39,583
Mr P. Manghat	Director	33,493
Mr S. Krishnamoorthy	PDMR	21,923
Dr C R Shetty	PDMR	21,923
Mr R Cherry	PDMR	21,212
Mr S. Watkins	PDMR	12,301

Under the terms of the Company's Short Term Incentive Plan, two-thirds of any earned bonus is to be provided in the form of a share award which provides that such shares are only released to participants after a deferral period of one-year in relation to 50% of the share award and two-years in relation to the remaining 50% of the award.

The DSBP is the plan which the Company is operating to deliver such deferred shares to scheme participants. The above award is in relation to the bonus earned pursuant to the 2016 Short Term Incentive Plan.

This notification is made in accordance with the Market Abuse Regulation.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Dr B R Shetty Mr Prasanth Manghat Mr Suresh Krishnamoorthy Dr C R Shetty Mr Roy Cherry Mr Simon Watkins
<b>2</b>	<b>Reason for the notification</b>	

a)	Position/status	Directors and PDMRs of the Company	
b)	Initial notification /Amendment	Initial notification	
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>		
a)	Name	NMC Health plc	
b)	LEI	2138008YQEVWBE1V2M52	
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>		
a)	Description of the financial instrument, type of instrument  Identification code	Options over Ordinary Shares  ISIN: GB00B7FC0762	
b)	Nature of the transaction	Grant of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares
		0p	39,583
		0p	33,493
		0p	21,923
		0p	21,923
		0p	21,212
		0p	12,301
d)	Aggregated information  - volume  - Price  - Total	N/A	

e)	Date of the transaction	9 May 2017
f)	Place of the transaction	Not on a trading venue

### **Contacts**

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#### Media

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