



NMC Health plc

Exercise of share options

London, 17 November 2017: NMC Health plc (LSE:NMC) ('the Company'), the leading integrated private healthcare network operator in the GCC and one of the leading global providers of fertility treatments through its European, South American and Middle Eastern subsidiaries, announces that on 16 November 2017 the following individuals exercised nil-cost share options granted to them in 2014 under the Company's Long Term Incentive Plan ("LTIP") and Deferred Share Bonus Plan ("DSBP").

Following the exercise of these options, the Company issued new Ordinary shares of 10p each respectively to each individual as follows:

Name of individual	Director/PDMR	Incentive Plan	Number of shares allotted
Dr B. R. Shetty	Director	DSBP	15,771
Dr B. R. Shetty	Director	LTIP	51,782
Dr C. R. Shetty	PDMR	DSBP	10,093
Dr C. R. Shetty	PDMR	LTIP	33,140
Mr Simon Watkins	PDMR	LTIP	17,259
Total			128,045

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Dr B. R. Shetty Dr C. R. Shetty Simon Watkins
2	Reason for the notification	
a)	Position/status	Directors and PDMRs of the Company
b)	Initial notification /Amendment	Initial notification

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	NMC Health plc	
b)	LEI	2138008YQEVWBE1V2M52	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options over Ordinary Shares ISIN: GB00B7FC0762	
b)	Nature of the transaction	Exercise of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares for above individuals respectively
		0p	67,553
		0p	43,233
		0p	17,259
d)	Aggregated information - volume - Price - Total	N/A	
e)	Date of the transaction	16 November 2017	
f)	Place of the transaction	Not on a trading venue	

Contacts

NMC

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