



NMC Health plc

Exercise of share options

London, 12th June 2018: NMC Health Plc (“**NMC**” or the “**Company**”) (LSE:NMC), the leading United Arab Emirates private healthcare operator with international services across 13 countries, announces that on 11 June 2018 the following individuals exercised nil-cost share options granted to them in 2017 under the Company’s Deferred Share Bonus Plan (“DSBP”).

Following the exercise of these options, the Company issued new Ordinary shares of 10p each respectively to each individual as follows:

Name of individual	Director/PDMR	Incentive Plan	Number of shares allotted
Dr B. R. Shetty	Director	DSBP	19,884
Dr C. R. Shetty	PDMR	DSBP	11,012
Total			30,896

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Dr B. R. Shetty Dr C. R. Shetty
2	Reason for the notification	
a)	Position/status	Director and PDMR of the Company
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options over Ordinary Shares ISIN: GB00B7FC0762	
b)	Nature of the transaction	Exercise of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares for above individuals respectively
		0p	19,884
		0p	11,012
d)	Aggregated information - volume - Price - Total	N/A	
e)	Date of the transaction	11 June 2018	
f)	Place of the transaction	Not on a trading venue	

Contacts

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