

NMC Health plc

Exercise of Options and Sale of Shares

London, 15 March 2018: NMC Health plc (LSE: NMC), the leading United Arab Emirates private healthcare operator with international services across 13 countries, announces that it has received notification from Mr Simon Watkins, Group Company Secretary, that on 13 March 2018 he exercised share awards over a total of 27,353 ordinary shares of 10p each ("Shares") under the Company's Long Term Incentive Plan and Deferred Share Bonus Plan and on the same date sold 12,889 ordinary shares of 10p each in the Company at a price of 3,386p per share. These Shares were sold to pay the income tax liability arising on the exercise of his share awards.

Following this transaction, Mr Watkins has retained an interest over a total of 23,590 shares, representing 0.005% of the current issued share capital of the Company.

The Notification of Dealing Form for each of these transactions can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Mr Simon Watkins
2	Reason for the notification	
a)	Position/status	Group Company Secretary
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	

a)	Description of the financial instrument, type of instrument Identification code	Options over Ordinary Shares ISIN: GB00B7FC0762	
b)	Nature of the transaction	Exercise of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares
		0p	27,353
d)	Aggregated information - volume - Price - Total	N/A	
e)	Date of the transaction	13 March 2018	
f)	Place of the transaction	London Stock Exchange	

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Mr Simon Watkins
2	Reason for the notification	
a)	Position/status	Group Company Secretary
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Sale of Ordinary shares to cover tax liability ISIN: GB00B7FC0762	
b)	Nature of the transaction	Sale of shares solely for the purposes of paying the income tax liability arising on a recent exercise of a nil cost share option.	
c)	Price(s) and volume(s)	Price	No. of shares
		3,386p / share	12,889
d)	Aggregated information - volume - Price - Total	12,889 £33.86 / share £436,421.54	
e)	Date of the transaction	13 March 2018	
f)	Place of the transaction	London Stock Exchange	

Contacts

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