



NMC Health plc

Exercise of options and sale of shares

London, 12 June 2018: NMC Health Plc (“**NMC**” or the “**Company**”) (LSE:NMC), the leading United Arab Emirates private healthcare operator with international services across 13 countries, announces that on 11 June 2018 Simon Watkins, Group Company Secretary, exercised nil-cost share options over 6179 shares, granted to him in 2017 under the Company’s Deferred Share Bonus Plan (“DSBP”). On the same date, he sold 2,912 ordinary shares of 10p each in the Company (“Shares”) at a price of 3,552p per share to pay the income tax liability arising on the exercise of his share award. The remaining 3,267 shares were sold at a price of 3,580p per share on the 12th June 2018.

Following these transactions, Mr Watkins’ interest in shares remains unchanged at a total of 14,790 shares, representing 0.005% of the current issued share capital of the Company.

The Notification of Dealing Form for Mr Watkins can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

| | | |
|----------|--|---|
| 1 | Details of the person discharging managerial responsibilities / person closely associated | |
| a) | Name | Simon Watkins |
| 2 | Reason for the notification | |
| a) | Position/status | Group Company Secretary |
| b) | Initial notification /Amendment | Initial notification |
| 3 | Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor | |
| a) | Name | NMC Health plc |
| b) | LEI | 2138008YQEVWBE1V2M52 |
| 4 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | |
| a) | Description of the financial instrument, | Options over ordinary Shares & Sale of Shares |

| | | | | |
|----|---|---|---------------|--|
| | type of instrument Identification code | ISIN: GB00B7FC0762 | | |
| b) | Nature of the transaction | Exercise of Nil-cost options and sale of shares | | |
| c) | Price(s) and volume(s) | Price | No. of shares | |
| | | 0p | 6,179 | |
| | | Price | No. of shares | |
| | | 3,552 pence | 2,912 | |
| | | 3,580 pence | 3,267 | |
| d) | Aggregated information | N/A for Exercise of option | | |
| | - volume | 2,912 | | |
| | - Price | 3,552 | | |
| | - Total | £103,434.24 | | |
| | - volume | 3,267 | | |
| | - Price | 3,580 | | |
| | - Total | £116,958.60 | | |
| e) | Date of the transaction | 11 th & 12 th June 2018 | | |
| f) | Place of the transaction | London Stock Exchange | | |

Contacts

Investors

NMC

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