

NMC Health plc

Grant of options

London, 27 January 2017: NMC Health plc (LSE:NMC) ('the Company'), the leading integrated private healthcare network operator in the United Arab Emirates (UAE) and one of the leading global providers of fertility treatments through its European and Middle Eastern subsidiaries, announces that on 26 January 2017 it granted awards over a total of 562,323 Ordinary shares under its Long Term Incentive Plan.

These awards, by way of nil-cost options, were made to Directors and PDMRs of the Company as follows:

Name of individual	Director/PDMR	Number of shares subject to award
Dr B R Shetty	Director	148,250
Mr P. Manghat	Director	125,442
Mr S. Krishnamoorthy	PDMR	82,108
Dr C R Shetty	PDMR	82,108
Mr R Cherry	PDMR	79,439
Mr S. Watkins	PDMR	44,976

The vesting of all the awards granted under the LTIP referred to above are subject to the achievement of performance targets relating to the Company's earnings per share growth and total shareholder return (relative to a comparator group) over a three-year performance period.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Dr B R Shetty Mr Prasanth Manghat Mr Suresh Krishnamoorthy Dr C R Shetty Mr Roy Cherry Mr Simon Watkins
2	Reason for the notification	
a)	Position/status	Directors and PDMRs of the Company
b)	Initial notification	Initial notification

	/Amendment															
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor															
a)	Name	NMC Health plc														
b)	LEI	2138008YQEVWBE1V2M52														
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted															
a)	Description of the financial instrument, type of instrument Identification code	Options over Ordinary Shares ISIN: GB00B7FC0762														
b)	Nature of the transaction	Grant of nil-cost options														
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price</th> <th>No. of shares</th> </tr> </thead> <tbody> <tr> <td>0p</td> <td>148,250</td> </tr> <tr> <td>0p</td> <td>125,442</td> </tr> <tr> <td>0p</td> <td>82,108</td> </tr> <tr> <td>0p</td> <td>82,108</td> </tr> <tr> <td>0p</td> <td>79,439</td> </tr> <tr> <td>0p</td> <td>44,976</td> </tr> </tbody> </table>	Price	No. of shares	0p	148,250	0p	125,442	0p	82,108	0p	82,108	0p	79,439	0p	44,976
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d)	Aggregated information - volume - Price - Total	N/A														
e)	Date of the transaction	26 January 2017														

f)	Place of the transaction	Not on a trading venue
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Contacts

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