

NMC Health plc

NOTIFICATION MADE IN ACCORDANCE WITH RULE 3.1.4 (1) (a) OF THE DISCLOSURE AND TRANSPARENCY RULES

London, 4 April 2013: NMC Health plc (LSE:NMC) ('NMC'), the leading independent healthcare provider operating across the United Arab Emirates, announces that it has received notification today from Mr Mark Tompkins, Chairman of the Company, that on 2 April 2013, he transferred a total of 7,000 ordinary shares in the Company to his wife Mrs Sarah Tompkins at a price of 327.5p per share. As a result of this transaction, Mr Mark Tompkins' interest in the shares of the Company remains at 17,083 shares, representing 0.01% of the current issued share capital of the Company, including Mrs Sarah Tompkins' direct interest in the shares of the Company of 7,000 shares, representing 0.004% of the current issued share capital of the Company.

Contacts

Investors

NMC

Simon Watkins, Group Company Secretary +971 50 443 9046

Media

Brunswick London

Justine McIlroy / Azadeh Varzi +44 20 7404 5959

Brunswick Gulf

Steve Martin Wajih Halawa
+971 5 6696 9232 +971 5 0100 9207

About NMC

NMC Health plc group is the leading integrated healthcare provider with operations in the United Arab Emirates. NMC Healthcare commenced operations in 1975 and has grown over that period to become the only private sector healthcare provider with a broad UAE presence. The Healthcare Division currently operates or manages five hospitals, one day-care patient centre, one medical centre and eight pharmacies. The group also operates a significant Distribution business supplying product lines to UAE customers across the Pharmaceutical, FMCG, Food, Scientific and Medical and Educational and Veterinary sectors.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai. NMC Health plc is a constituent of the FTSE250 Index.