

Press Release

20th December 2012

NMC HEALTH PLC

Notification of transactions of directors, persons discharging managerial responsibility or connected persons

NMC Health plc (the “Company”) announces that it was notified on 19 December 2012 that the following directors and persons discharging managerial responsibility purchased ordinary shares of 10p each in the Company (“Shares”). The Shares were purchased at an average price of 175 pence per Share.

Director	Position	No. of Shares purchased
H J Mark Tompkins	Chairman	17,083
Justin Jewitt	Senior Independent Non-Executive Director	17,083

Following this purchase, Mr Tompkins and Mr Jewitt each have an interest in a total of 17,083 Shares, representing approximately 0.03% of the issued share capital of the Company.

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About NMC Healthcare

NMC Health plc is a leading integrated healthcare provider with operations in the United Arab Emirates. NMC Healthcare commenced operations in 1975 and has grown over that period to become the only private sector healthcare provider with a broad UAE presence. The Healthcare Division currently operates four hospitals, two day-care medical centre and eight pharmacies. The group also operates a significant distribution business supplying over 65,000 product lines to UAE customers across the Pharmaceutical, FMCG, Food, Scientific and Medical, Educational and Veterinary sectors.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange and is a constituent of the FTSE 250 index. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai.

www.nmchealthcare.com

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