

Press Release

19th March 2013

NMC HEALTH PLC

Notification of transactions of directors, persons discharging managerial responsibility or connected persons

NMC Health plc (the "Company") announces that it was notified on 18 March 2013 that the following directors and persons discharging managerial responsibility purchased ordinary shares of 10p each in the Company ("Shares"). The Shares were purchased at an average price of 326.41pence per Share.

Director	Position	No. of Shares purchased
Heather Lawrence	Independent Non-Executive Director	4,557

Following this purchase, Heather Lawrence has an interest in a total of 4,557 shares, representing approximately 0.024% of the issued share capital of the Company.

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About NMC

NMC Health plc group is the leading integrated healthcare provider with operations in the United Arab Emirates. NMC Healthcare commenced operations in 1975 and has grown over that period to become the only private sector healthcare provider with a broad UAE presence. The Healthcare Division currently operates or manages five hospitals, one day-care patient centre, one medical centre and eight pharmacies. The group also operates a significant Distribution business supplying product lines to UAE customers across the Pharmaceutical, FMCG, Food, Scientific and Medical and Educational and Veterinary sectors.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai.

www.nmchealthcare.com

For further information please contact:

NMC Healthcare	Simon Watkins	+44 7869 294337
Brunswick Group	Justine McIlroy Azadeh Varzi	+44 20 7404 5959