

## NMC Health plc

### Notification of transactions of a director, person discharging managerial responsibility or connected persons

**London, 20 September 2013:** NMC Health plc (LSE:NMC) ('NMC'), the leading independent healthcare provider operating across the United Arab Emirates, announces that connected persons to Lord Clanwilliam, a non-executive director of the Company, sold ordinary shares of 10p each in the Company ("Shares"). The Shares were sold on 19 September 2013 at a price of 324.04 pence per Share and the details of the sales are set out below.

<b>Connected Person</b>	<b>Relationship to Lord Clanwilliam</b>	<b>No. of Shares sold</b>
Lord Gillford	Son	5,732
Lady Natalya Meade	Daughter	2,865

Both the above are deemed to be connected persons of Lord Clanwilliam by virtue of being under the age of 18 years.

The Company has also been notified that Lady Tamara Meade, Lord Clanwilliam's daughter above the age of 18 years, has also sold 2,865 Shares at an average price of 324.04 pence per share, however these are not declared as an interest of Lord Clanwilliam given Lady Meade's age.

Following this purchase, Lord Clanwilliam has no interest in the issued share capital of the Company.

### Contacts

#### Investors

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#### Media

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## **About NMC**

NMC Health plc group is the leading integrated healthcare provider with operations in the United Arab Emirates. NMC Healthcare commenced operations in 1975 and has grown over that period to become the only private sector healthcare provider with a broad UAE presence. The Healthcare Division currently operates or manages five hospitals, two day-care patient centres, one medical centre and eight pharmacies. The group also operates a significant UAE wide Distribution business supplying product lines across several key market segments, including: Pharmaceutical, FMCG, Food and Scientific and Medical.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai. NMC Health plc is a constituent of the FTSE 250 Index.