

**NMC Health plc**

**NOTIFICATION MADE IN ACCORDANCE WITH RULE 3.1.4 (1) (a) OF THE  
DISCLOSURE AND TRANSPARENCY RULES**

**London, 30 October 2014:** NMC Health plc (LSE:NMC) ('NMC'), the leading integrated private sector healthcare operator in the United Arab Emirates, announces that on 29 October 2014 the following directors/PDMRs of the Company were granted nil cost options over ordinary shares of 10 pence each in the Company under the Company's 2012 Performance Share Plan (the PSP) and 2014 Deferred Share Bonus Plan (the DSBP):

Name of individual	Director/PDMR	Number of shares subject to award	Plan under which award granted
Dr B R Shetty	Director	15,510	DSBP
Dr B R Shetty	Director	50,923	PSP
Mr P. Manghat	Director	12,408	DSBP
Mr P. Manghat	Director	40,738	PSP
Mr B. Shetty	Director	9,926	DSBP
Dr C R Shetty	PDMR	9,926	DSBP
Dr C R Shetty	PDMR	32,590	PSP
Mr R Cherry	PDMR	7,757	DSBP
Mr R Cherry	PDMR	19,554	PSP
Mr S. Watkins	PDMR	16,973	PSP

The PSP is the Long Term Incentive Plan which the Company operates.

Under the terms of the Company's Short Term Incentive Plan, 50% of any earned bonus is provided in the form of a share award which provides that such shares are only released to the participant after a period of three years. The DSBP is the plan which the Company is operating to deliver such deferred shares to scheme participants. The above award is in relation to the bonus earned pursuant to the 2013 Short Term Incentive Plan.

The vesting of all the awards granted under the PSP referred to above is subject to the achievement of performance targets relating to the Company's earnings per share growth and total shareholder return (relative to a tailored comparator group of other listed healthcare companies) over a three year performance period.

## **Contacts**

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## **About NMC**

NMC Health plc group is the leading integrated private sector healthcare operator in the United Arab Emirates, with a nation-wide network of hospitals and operations in the country since 1975. The Healthcare division currently operates or manages five hospitals, two day-care patient centres, one medical centre and eight pharmacies. The company received 2.1m patients in 2013. The group also operates a significant UAE wide Distribution business supplying product lines across several key market segments, including: Pharmaceutical, FMCG, Food and Scientific and Medical Equipment. NMC Health plc group reported revenues of US\$ 550.9m in 2013.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai. NMC Health plc is a constituent of the FTSE 250 Index.