



NMC Health plc

**NOTIFICATION MADE IN ACCORDANCE WITH RULE 3.1.4 (1) (a) OF THE
DISCLOSURE AND TRANSPARENCY RULES**

London, 26 February 2015: NMC Health plc (LSE:NMC) ('NMC'), the leading integrated private sector healthcare operator in the United Arab Emirates, announces that on 25 February 2015 the following Directors/Persons Discharging Managerial Responsibilities ("PDMRs") of the Company were granted nil cost options over ordinary shares of 10 pence each in the Company under the Company's 2012 Performance Share Plan (the PSP) and 2014 Deferred Share Bonus Plan (the DSBP):

| Name of individual | Director/PDMR | Number of shares subject to award | Plan under which award granted |
|--------------------------|---------------|-----------------------------------|--------------------------------|
| Dr B R Shetty | Director | 57,692 | PSP |
| Dr B R Shetty | Director | 17,470 | DSBP |
| Mr P. Manghat | Director | 50,000 | PSP |
| Mr P. Manghat | Director | 13,702 | DSBP |
| Mr B. Shetty | Director | 11,538 | DSBP |
| Mr Suresh Krishnamoorthy | PDMR | 38,462 | PSP |
| Dr C R Shetty | PDMR | 38,462 | PSP |
| Dr C R Shetty | PDMR | 10,962 | DSBP |
| Mr R Cherry | PDMR | 19,615 | PSP |
| Mr R Cherry | PDMR | 11,538 | DSBP |
| Mr S. Watkins | PDMR | 17,308 | PSP |
| Mr S. Watkins | PDMR | 9,591 | DSBP |
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The PSP is the Long Term Incentive Plan which the Company operates.

Under the terms of the Company's Short Term Incentive Plan, 50% of any earned bonus is provided in the form of a share award which provides that such shares are only released to the participant after a period of three years. The DSBP is the plan which the Company is operating to deliver such deferred shares to scheme participants. The above award is in relation to the bonus earned pursuant to the 2014 Short Term Incentive Plan.

The vesting of all the awards granted under the PSP referred to above is subject to the achievement of performance targets relating to the Company's earnings per share growth and total shareholder return (relative to a tailored comparator group of other listed healthcare companies) over a three year performance period.

Contacts

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About NMC

NMC Health plc group is the leading private sector healthcare operator in the United Arab Emirates, with a nation-wide network of hospitals and operations in the country since 1975. The Healthcare Division currently operates or manages seven hospitals, two day-care patient centres, two medical centres and eleven pharmacies. The company received almost 2.4m patients in 2014. The group also operates a significant UAE wide Distribution business supplying product lines across several key market segments, including: Pharmaceutical, FMCG, Food and Scientific and Medical Equipment. NMC Health plc group reported revenues of US\$ 644m in 2014.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai. NMC Health plc is a constituent of the FTSE 250 Index.