

NMC Health plc

**NOTIFICATION MADE IN ACCORDANCE WITH RULE 3.1.4 (1) (a) OF THE
DISCLOSURE AND TRANSPARENCY RULES**

London, 4 April 2014: NMC Health plc (LSE:NMC) ('NMC'), the leading integrated private sector healthcare operator in the United Arab Emirates, announces that it received notification on 3 April 2014 from Mr Mark Tompkins, Chairman of the Company, that on 2 April 2014, he and his wife, Mrs Sarah Tompkins, undertook a number of share transactions as follows:

	No. of shares	Price paid (p)	Price received (p)	Purchase/sale
Mr H. J. M. Tompkins	983	N/A	520.75	Sale of shares
Mr H. J. M. Tompkins	2,192	N/A	520.50	Sale of shares
Mr H. J. M. Tompkins	2,192	521.00	N/A	Purchase of shares
Mrs S. Tompkins	983	520.75	N/A	Purchase of shares
Mrs S. Tompkins	2,192	N/A	520.50	Sale of shares
Mrs S. Tompkins	2,192	521.00	N/A	Purchase of shares

As a result of these transactions, Mr Tompkins' interest in the shares of the Company remains unchanged at 17,083 shares, representing 0.01% of the current issued share capital of the Company, including Mrs Sarah Tompkins' direct interest in the shares of the Company of 7,983 shares, representing 0.004% of the current issued share capital of the Company.

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About NMC

NMC Health plc group is the leading integrated private sector healthcare operator in the United Arab Emirates, with a nation-wide network of hospitals and operations in the country since 1975. The Healthcare division currently operates or manages five hospitals, two day-care patient centres, one medical centre and eight pharmacies. The company received 2.1m patients in 2013. The group also operates a significant UAE wide Distribution business supplying product lines across several key market segments, including: Pharmaceutical, FMCG, Food and Scientific and Medical Equipment. NMC Health plc group reported revenues of US\$ 550.9m in 2013.

In April 2012 NMC Health plc was listed on the Premium Segment of the London Stock Exchange. At the time of its IPO, the group raised funds to enable it to pursue a further growth plan with a number of capital projects for new healthcare facilities in Abu Dhabi and Dubai. NMC Health plc is a constituent of the FTSE 250 Index.